

FEBRUARY 11, 2018

This week the Bread and Wine and Sanctuary Lamp are offered for your intentions.

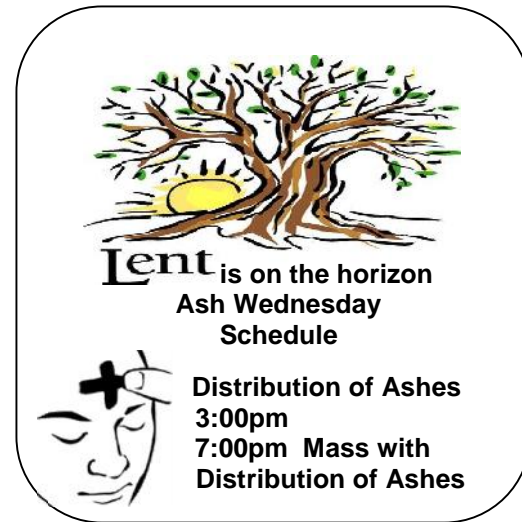
MASS SCHEDULE

Sunday - in English 10:30am
Domingo- en Español 1 de la tarde
Weekday Masses are at 8:00am

Mass Schedule For the Week

Sun 10:30	Feb. 11	For the People
1:00pm		
Mon	Feb. 12	CTK 9:00 am
Tues	Feb. 13	Charles Solomon r/b Bernice Morse
Wed	Feb. 14	CTK 9:00 am
Thurs	Feb. 15	Ronald Miller r/b The Sisters
Fri	Feb. 16	CTK 9:00 am

PLEASE PRAY FOR ... Becky Green, Leslie Lucas, Michael Anyanwu, Debbie Bower, Tina Witowski, Todd Wyatt, Michael & Erin Coddington, Davine Kelly, Lena Sullivan, Jean Marie Brashers, Erich Ringor, Derrick Carswell, Jessie, Liam, Cheryl Booker, Roby Ashman, Joram, Mary Jane McKenna, Christian Cianca, Peter Krenitskiy, Robert Kudlacik, Pennace Rainier, Greyson & Hudson Roller, Mary Scully, John Pakala, Sierra Washburne, Angel Benjamin, Anna & Henry Iwanowski, Ruth Moss, Marcelino Villanueva, Rowan Holland, James Minervini and Anne Minervini,



Betty Crocker's & Bill Lillis' Savory Soup (without meatballs for Lent)

Ingredients for Soup

1 28 ounce can whole tomatoes (chopped)
1 onion - chopped
2 cans beef broth (low sodium) 2 cups of water 2 carrots chopped
2 stalks of celery – chopped ½ teaspoon dried basil
¼ cup chopped parsley ¼ teaspoon pepper 1 bay leaf 1 tablespoon tomato paste 1 cube beef bouillon
1 envelope of onion soup mix
2 small potatoes chopped **or** use elbow macaroni*

Ingredients for Meatballs

1 lb ground beef
1 egg slightly beaten
¼ cup **small onions-chopped fine (Bill sautees the onions; Betty doesn't)**
¼ cup milk
½ cup dry bread crumbs
1 table spoon chopped parsley
1 tablespoon olive oil (for cooking – do not add to the meatball mixture)

Mix the ingredients for the meatballs together (except for the olive oil) and shape into small meatballs (1 ½ inches). Put your burner on

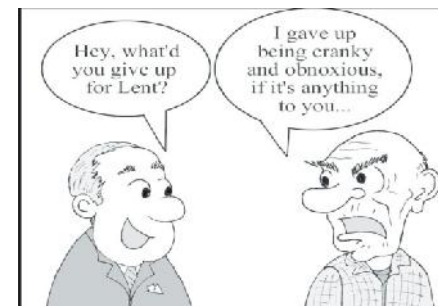
medium, add the oil. When heated add some of your meatballs, but leave enough room to be able to turn your meatballs over. You may need to adjust the burner higher or lower to ensure meatballs are not getting burnt. When meatballs are lightly browned, remove them and place them on a paper towel. (For me it usually this takes two or three separate batches of cooking to get this done.) Remove most of the fat from the Dutch oven. Break up the tomatoes and add them with the liquid to the Dutch oven and remaining soup ingredients to Dutch oven. Heat to boiling. Reduce heat to simmer; cover and cook for 30 minutes, stirring occasionally. Add meatballs; cover and simmer for 20 minutes. If there is excess fat at the top of the soup, you can skim it out with a spoon.

*Macaroni – If you choose to use macaroni, prepare the macaroni as given on the box. Do not add it to the soup. Keep it in a separate bowl. Then add two tablespoons or so to each bowl. If you cook the macaroni in with soup, it gets mushy over time. If serving six to eight people, half of the one-pound box should be enough. I cook the ½ pound, pour some in each bowl and then refrigerate what I do not use for soup the next few days.

As with most soups, it tastes better than next day. When you take out the soup the next day, again you can skim off any excess fat.

The soup works fine for a meal on its own. Enjoy it with some quality Italian bread and a salad. If you wish to prepare a vegetable soup, simply prepare the soup as noted without the meatballs.

(Taken from Betty Crocker's Step by Step Cookbook)



Lenten Regulations Archdiocese of Newark

Lent is a time for prayer, fasting, and charity as we prepare to renew our baptismal promises at Easter.

The Church gives us the following regulations to help us make the season of Lent a particular time of penance and preparation for Easter

1. Ash Wednesday (February 14) and Good Friday (March 30) are days of Fast and Abstinence.
2. All the Fridays of Lent are days of Abstinence.
3. A Day of Fast means that only one full meal is permitted. Two smaller meals may be eaten. There is no food taken between meals. Those between the ages of 18 and 59 are obliged to fast, though others are encouraged to fast. The days of fast are Ash Wednesday and Good Friday.
4. On a Day of Abstinence no meat may be eaten. Those 14 years of age and older are obliged to abstain from meat. For a serious reason, the Code of Canon Law allows the pastor to dispense an individual from refraining from meat on a Friday during the Lenten Season.
5. The obligation to observe the laws of Fast and Abstinence "substantially" or as a whole, is a serious obligation.
6. Catholics should go to Holy Communion at least once between the First Sunday of Lent (February 18) and Trinity Sunday (May 27). If necessary, they should celebrate the Sacrament of Penance.

What are you doing for

LENT 2018

Dear Friends of Serra:

The officers and members of the Hudson County Serra Society request that you join us at our Annual Seminarian Mass and Dinner on Tuesday March 20, 2018. Mass will be celebrated by Cardinal Tobin, 6:00 pm at St. Henry's Church, 82 West 29th Street, followed by dinner at The Chandelier Restaurant, 1081 Broadway, Bayonne,

This year, we will honor **George Miller, from St. Paul the Apostle Church**, Jersey City and our Secretary of the Hudson County Serra Society, with the St. Junipero Serra Award. **Also being honored is Sr. Elise and Sr. Alice from Our Lady Of Sorrows Church**, Jersey City with the Fr. Olsen Award.

Proceeds from this event will be distributed to the Seminarians at The Immaculate Conception Seminary and St. Andrew's College Seminary at Seton Hall University.

We earnestly request your support by attending the Mass and Dinner. We request that you fill in the form below for reservations. The cost of the dinner is \$60.00

Tables will be arranged to accommodate 10 persons. Checks should be made payable to: Hudson County Serra Society and forwarded to: John Smith, Treasurer 42 Broadway Bayonne, NJ 07002

Please RSVP by March 8, 2018. For any questions regarding the Mass or Dinner, please contact:

See Sister Carol or

Kevin Adamson at [201-436-1827](tel:201-436-1827) or kevina24@optonline.net

Hudson County Serra Society Annual Seminarian Mass and Dinner, March 20, 2018.

Please reserve _____ seats \$60.00 for adults _____ Total enclosed _____

Name: _____
Address: _____

Phone: _____

Mark This Down!



MARDI GRAS

- When:** FEBRUARY 13, 2018
What: 6:00pm Pancake Supper
\$5.00
Where: Cinelli Center
- Followed by:** 7:30pm Jazz Service
in Church
Led by **OLS Youth Group**
Free Will Offering
- Preacher:** **Rev. Mino Chica**
Pastor of
Our Lady of Sorrows
and Christ the King
- Featuring:** The Wooster Street Trolley
Jazz band



THANK YOU

YOUTH GROUP
and
UN-OFFICIAL MEN'S CLUB
and all who supported
"SOUP"er BOWL SUNDAY
We raised \$260.60 for the
Food Pantry.

Great Job Youth Group!
You looked great in your 4H
Aprons. Thanks, Ms Ellen

6:00 o'clock and OLS?

This is the time we stop
pray for each other
every evening.
Thank you, Sheica and Jennifer,
for starting this tradition when you were teens.



RCIA: What's It All About? The RCIA is a process of welcoming and initiating new members into the Catholic Church. At the heart of the RCIA is conversion to Jesus Christ and the mission of church initiation is an apprenticeship into a way of life. The RCIA is concerned with the faith formation of the person into Believing, Living, Praying and Serving with the Church community. The Rite of Christian Initiation is for unbaptized adults or adults baptized into another Christian tradition who would like to become a Catholic

PARISH OFFICES AND STAFF

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Administrator OLS & CTK
Reverend Mino Chica

Assistant
Reverend Robert Tooman

Pastoral Team at OLS
Sister Alice McCoy, OP
Sister Elise Redmerski, OP
Sister Luke Dworschak, OP
Sister Carol Van Billiard, OP

Our Lady of Sorrows Mission Statement
"We, the family of Our Lady of Sorrows parish, accept as our special call, the words of the Psalm: **"The Lord loves his city... and so do we."** We have been planted in the midst of the city to grow and bear the fruit of the gospel We offer to God our gifts of time, talent and treasure that our city may be transformed by the power of God's love."

Jersey City Together



Do you have a delicious 'MEATLESS LENTEN RECIPE" you would like to share? The recipe will be available in the bulletin and online.

!

Please fill in and cut this part of the bulletin and return it to Sister Elise.



From the Kitchen of:

Name of Dish _____

Ingredients:

Cooking Instructions

Enjoy