

**FOURTH SUNDAY OF LENT  
MARCH 11, 2018**

**This week the Bread and Wine and Sanctuary Lamp are Mary Merola r/b Louis Squitieri**

**MASS SCHEDULE**

Sunday - in English 10:30am  
Domingo- en Español 1 de la tarde  
Weekday Masses are at 8:00am

**Mass Schedule For the Week**

Sun 10:30 1:00pm	Mar.11	<b>For The People</b>
Mon	Mar.12	<b>CTK 9:00 am</b>
Tues	Mar.13	<b>Joanne Cinelli Cardella</b> r/b Frank & Jen Cinelli
Wed	Mar.14	<b>CTK 9:00 am</b>
Thurs	Mar.15	<b>Gullace Family</b> r/b Gerri & Mike Gullace
Fri	Mar.16	<b>CTK 9:00 am</b>

**Communion Hymn**

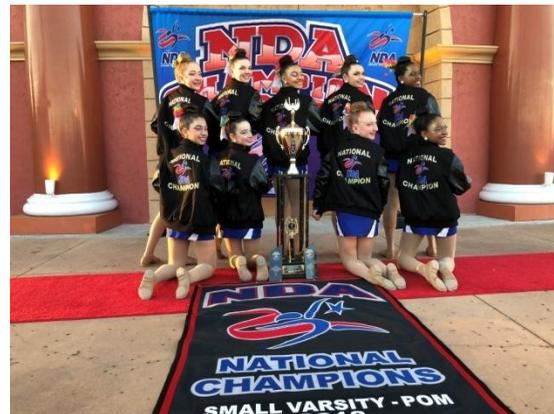
**Take, O Take Me As I Am** John L. Bell  
Take, O Take me as I am; summon out what I shall be; Set your seal upon my heart and live in me.

**PLEASE PRAY FOR ...** Becky Green, Leslie Lucas, Michael Anyanwu, Debbie Bower, Tina Witowski, Todd Wyatt, Michael & Erin Coddington, Davine Kelly, Lena Sullivan, Jean Marie Brashers, Erich Ringor, Derrick Carswell, Jessie, Liam, Cheryl Booker, Roby Ashman, Joram, Mary Jane McKenna, Christian Cianca, Peter Krenitskiy, Robert Kudlacik, Pennace Rainier, Greyson & Hudson Roller, Mary Scully, John Pakala, Sierra Washburne, Angel Benjamin, Anna & Henry Iwanowski, Ruth Moss, Marcelino Villanueva, Rowan Holland, James & Anne Minervini & John Pakala

**The Scrutinies**

. In order to inspire in the elect a desire for purification and redemption by Christ, three scrutinies are celebrated. By this means, first of all, the elect are instructed gradually about the mystery of sin, from which the whole world and every person longs to be delivered and thus saved from its present and future consequences. Second, their spirit is filled with Christ the Redeemer, who is the living water (gospel of the Samaritan woman in the first scrutiny), the light of the world (gospel of the man born blind in the second scrutiny), the resurrection and the life (gospel of Lazarus in the third scrutiny). From the first to the final scrutiny the elect should progress in their perception of sin and their desire for salvation."

**Congratulations to**



**Aisha Adeboye and Saint Dominic Academy's Dance Team for winning the National Championship last week in Orlando, Florida!**



**LENTIL MACARONI AND CHEESE**

A childhood favorite kicked up a notch! This Lentil Macaroni and Cheese is packed with vegetables and lentils for a hearty vegetarian meal.

**INGREDIENTS**

- \* 1 cup pasta, uncooked
- \* 3/4 cup lentils, uncooked
- \* 2 Tbsp butter
- \* 2 cloves garlic, minced
- \* 3-4 cups mixed vegetables, diced (fresh, frozen or combination)
- \* 5 oz frozen spinach, defrosted and squeezed to remove excess moisture (or 3 handfuls fresh baby spinach)
- \* 2 Tbsp flour
- \* 1.5 cups milk
- \* 5 oz cheddar cheese, grated
- \* 1 tsp paprika
- \* 1/2 tsp cayenne pepper, optional

**INSTRUCTIONS**

1. Cook pasta according to package directions.
2. Cook lentils according to package directions.
3. While pasta and lentils are cooking, melt butter in a large saute pan. Add garlic and vegetables and saute for 10 minutes.
4. Sprinkle vegetables with flour.
5. Add milk and cheese and stir until well combined.
6. Stir in cooked pasta and lentils, add spices and serve warm. by Lindsay

**OUR LADY OF SORROWS PARISH**

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**Administrator OLS & CTK**

Reverend Mino Chica

**Assistant**

Reverend Robert Tooman

**Pastoral Team at OLS**

Sister Alice McCoy, OP  
Sister Elise Redmerski, OP  
Sister Luke Dworschak, OP  
Sister Carol Van Billiard, OP

**Our Lady of Sorrows Mission Statement**

"We, the family of Our Lady of Sorrows parish, accept as our special call, the words of the Psalm: **"The Lord loves his city... and so do we."** We have been planted in the midst of the city to grow and bear the fruit of the gospel We offer to God our gifts of time, talent and treasure that our city may be transformed by the power of God's love."

**Jersey City Together**



**Reflection 4th Sunday of Lent Year A**

**By: Jim McCartin**

What if the parts of our bodies and spirits that are most broken are also the parts of ourselves through which we can most clearly come to know God? What if our handicaps and fears and temptations and sins, the heavy burdens and deep sorrows that we bear, are the portals through which we may enter into God’s kingdom?



Certainly, the man born blind—the main character in today’s Gospel—never thought of his blindness as anything but a curse. Blindness made him into a beggar, an adult man dependent upon unpredictable people’s uneven generosity. Certainly, the religious leaders who questioned the man after his cure never considered that his blindness was an asset. As men who had their sight and who could count on people to defer to their considerable authority, these Pharisees (like Jesus’ own disciples) were convinced that they could properly interpret this man’s blindness as God’s righteous punishment for some transgression of God’s law, maybe even a transgression that his parents committed before the man was born. Because of this, the man’s parents very likely experienced his blindness as a source of tremendous guilt, even as a public indictment that revealed the existence of some secret sin they had done. His neighbors, it seems, considered blindness a reason to keep their distance from him, as a kind of uncleanness, a kind of quarantine: the neighbors can’t even

say that it’s definitely him when they see him walking around with his sight.

It seems that no good whatever can come from this man’s blindness.

But Jesus makes clear that all these people—the man himself, the Pharisees, the parents, the neighbors, the disciples—are just wrong. Blindness becomes the means by which the man is given to see God as God is: merciful, just, loving, generous, and life-giving. Each of these qualities are things that the people in today’s Gospel seem to doubt can be attributes of God. And yet each of them is an attribute that naturally draws us closer to God and to God’s kingdom.

By curing the man born blind, Jesus allows him to see God clearly and to begin to speak about what he sees. In other words, without his blindness—that is, without the experience of living in the sad state that blindness foisted upon him—he would not have been able to know the truth about God. Consider all the other people in the story: they have always had their sight, but they cannot see God as God is. And consider the man: he has lived his life blind, and he becomes the only character (aside from Jesus) who is able to see God.

And now consider your own brokenness. And ask God for the grace that this brokenness, whatever it may be, can become the means by which you come to know God as God truly is and thus freely and joyfully, and with a heart full of gratitude that God has made you to be who you are—freely and joyfully enter into the kingdom.

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**Putting Faith Formation into Action  
Week Four of Lent – My Role as Steward  
of Creation and as Member  
of the Human Family**

In the first three weeks of Lent we encouraged you to examine and take action regarding your roles as a member of your family, as a member of the “parish family” here at OLS, and as a member of your neighborhood. We hope you have found this a meaningful and an engaging part of your Lenten journey. We encourage you to continue any efforts you have made on these important issues through the remainder of Lent. In this fourth week of Lent we ask you examine your role as a member of the human family.

**My World**

1. An important aspect of Christianity is **Care for God’s Creation**. The responsibility we have as Christians to respect and care for all creation is called **stewardship**. As part of your Lenten journey we now ask you to spend some time in prayer and reflection this week focusing on this important issue. We ask you to make a concerted effort to examine the consumer choices you make, such as your purchase and use of food, as well as the water and energy you use each day. Research on the topic shows that we as Americans make up approximately 5% of the world’s population. However, we use approximately 25-30% of the world’s resources. What could we do to learn about our **carbon foot print**? What impact does our use of energy have on the environment? In what ways can we be **advocates for Mother Earth**? Examine these questions when it comes to your own individual behavior, as well as what

takes place in your home and in your workplace. One activity we encourage parishioners to engage in is **“Meatless Mondays”**. When compared to energy and resources used to create and distribute plant food to your table, meat consumes so much more than plant food does. There is also a health benefit to reducing the amount of meat we consume. One study estimated that If Americans reduced their consumption of meat by 10%, the grain saved by not feeding livestock could feed 60 million people. We encourage you to start this meatless Monday this week and incorporate the practice into your weekly diet. We may decide to examine this topic of care for God’s Creation further as a parish after Easter.

**A 90 second You Tube Prayer Video**

Based on the Encyclical of Pope Francis, *Laudato Si*, focusing on the environment

<https://youtu.be/uSDFigs1Fpk>

**Website focusing Climate Change**

Interfaith Power and Light offers a religious response to global warming. The mission of this organization is to be faithful stewards of creation by responding to global warming through the promotion of energy conservation, energy efficiency and renewable energy.

[www.interfaithpowerandlight.org](http://www.interfaithpowerandlight.org)