

THIRD SUNDAY OF LENT  
MARCH 4, 2018

This week the Bread and Wine and Sanctuary Lamp are Sister Eugenie r/b Louis Squiteri

**MASS SCHEDULE**

Sunday - in English 10:30am  
Domingo- en Español 1 de la tarde  
Weekday Masses are at 8:00am

**Mass Schedule For the Week**

Sun 10:30 1:00pm	Mar.4	<b>For The People</b>
Mon	Mar.5	<b>CTK 9:00 am</b>
Tues	Mar.6	<b>Albert McCoy</b> r/b Sister Alice
Wed	Mar.7	<b>CTK 9:00 am</b>
Thurs	Mar.8	<b>Special Intention</b> r/b A Friend
Fri	Mar.9	<b>CTK 9:00 am</b>

**Communion Hymn**

**Take, O Take Me As I Am** John L.Bell  
Take, O Take me as I am; summon out what I shall be; Set your seal upon my heart and live in me.

**PLEASE PRAY FOR ...** Becky Green, Leslie Lucas, Michael Anyanwu, Debbie Bower, Tina Witowski, Todd Wyatt, Michael & Erin Coddington, Davine Kelly, Lena Sullivan, Jean Marie Brashers, Erich Ringor, Derrick Carswell, Jessie, Liam, Cheryl Booker, Roby Ashman, Joram, Mary Jane McKenna, Christian Cianca, Peter Krenitskiy, Robert Kudlacik, Pennace Rainier, Greyson & Hudson Roller, Mary Scully, John Pakala, Sierra Washburne, Angel Benjamin, Anna & Henry Iwanowski, Ruth Moss, Marcelino Villanueva, Rowan Holland, James & Anne Minervini & John Pakala

*Revive your spirits and build your faith!* Catholic Men's Conference

Saturday, March 10, 2018, 8:00 am – 4:30 pm,  
Cost: \$25, Seton Hall University.

This year's theme is "*Be Not Afraid: The Victory is Christ's!*"

Speakers for the English track will be Joe Lombardi, Jr., Quarterback coach for the New Orleans Saints, Jesse Romero, founder of On Fire Evangelization Apostolate, and Hector Molina, who has over 25 years of experience in pastoral ministry. Spanish track speakers will be Jesse Romero and Hector Molina. His Eminence **Joseph W. Cardinal Tobin** will be celebrating the Mass! Register at [www.NJCatholicMen.org](http://www.NJCatholicMen.org)

Registration for both events is \$25.

Priests & religious are free.

Both events include continental breakfast and lunch.

For registration and more information, visit: [www.rcan.org/womenscommission](http://www.rcan.org/womenscommission) and [www.NJCatholicMen.org](http://www.NJCatholicMen.org)

**Thank you  
Rosary Society**  
for the delicious  
Surprise Luncheon  
on February 25th  
in celebration of

**BLACK  
history MONTH**



**Cheese Spinach Quiche**  
From: Carol Harris

**Ingredients**

- \* 2 Cups of shredded cheese (gruyere, sharp cheddar, parmesan)\*
- \* 2 Tablespoons of flour (add it to the cheese to keep it from sticking together)
- \* 3 Eggs
- \* ¾ Cup of light Cream
- \* ¾ Cup of milk
- \* 10 oz. pack of frozen chopped spinach (thawed and well drained) \*\*
- \* ¼ Teaspoon of salt
- \* 1/8 Teaspoon of pepper
- \* Small shallot finely chopped or grated
- \* A dash of nutmeg
- \* 9 inch unbaked pastry shell ( I use the store brought pie pastry; roll it to fit a 9 inch pan.)
- \* Preheat oven 375

**Instructions**

- \* Combine eggs, milk, cream into a large bowl
- \* Add cheese and flour to egg mixture; combine well
- \* Add spinach, shallot, salt, pepper, nutmeg to the egg and cheese mixture. Stir well
- \* Pour into the unbaked pastry shell
- \* Bake for 15 minutes at 375 – reduce heat to 350 and continue to bake for 45 minutes until lightly brown (tested with a knife it should come out clear)
- \* I used more of the gruyere and sharp cheddar than the parmesan
- \*\* Fresh chopped spinach can be used

**OUR LADY OF SORROWS PARISH**  
93 Clerk Street Jersey City, NJ 07305  
201-433-0626  
**Web:** [olsnj.org](http://olsnj.org)  
**Fax:** 201-433-2928  
**email:** [ols9395@comcast.net](mailto:ols9395@comcast.net)

**CHRIST THE KING PARISH**  
768 Ocean Avenue Jersey City, NJ 07305  
201 333-4862  
**Web:** [christthekingjerseycity.org](http://christthekingjerseycity.org)  
**Fax:** 201-433-6352  
**email:** [ctkjerseycity@gmail.com](mailto:ctkjerseycity@gmail.com)

**Administrator OLS & CTK**  
Reverend Mino Chica

**Assistant**  
Reverend Robert Tooman

**Pastoral Team at OLS**  
Sister Alice McCoy, OP  
Sister Elise Redmerski, OP  
Sister Luke Dworschak, OP  
Sister Carol Van Billiard, OP

**Our Lady of Sorrows Mission Statement**  
"We, the family of Our Lady of Sorrows parish, accept as our special call, the words of the Psalm: "**The Lord loves his city... and so do we.**" We have been planted in the midst of the city to grow and bear the fruit of the gospel We offer to God our gifts of time, talent and treasure that our city may be transformed by the power of God's love."

**Jersey City Together**



## How will I share Jesus this Lent?

*Ellen Nash's Meditation for Lent Week 3*

Today, February 27, 2018, is Catholic Day of Action for Dreamers, so I'm on a train to Washington, DC to speak for all Dreamers. On March 5<sup>th</sup>, Dreamers will lose their protection status due to Pres. Trump signing a memo on Sept. 5<sup>th</sup> to end the DACA program as of March 5<sup>th</sup>. We need to pass legislation, a CLEAN DREAM ACT or USA ACT. We need to stop the fear of deportation and separating our families and allow our immigrants to thrive in our economy.

Father Mino said to pray. We started the day in prayer at 8:30 Mass at St. Peter's Church and processed to the Russell Senate Office Building, across on a lawn for a 10:30 prayer service with press attending. We heard from the Bishop of Lexington, KY, dreamers and religious leaders. We were led to pray the Rosary. The speakers were powerful in their truth and justice seeking. The next part was the hardest. We went into the Rotunda of the building and those of us who were committed to doing civil disobedience (over 30) processed in the center to stand for the Dreamers. I was responsible for pictures but it was so difficult to watch one you knew, our Sr. Arlene be handcuffed and arrested. How many immigrants are also arrested..... I will never feel the same on Good Friday, walking the Pax Christi walk with Jesus being crucified.....

So how do I share Jesus today? I plan to visit a representative today who is not a supporter of DACA. Do I bring my Irish temper? No! I pray instead for compassion and justice for our Dreamers. I spoke with a staff member who passed along my concerns. I was thinking this morning on the train how sad Jesus must feel

over this injustice. He told us, Welcome the Stranger, but we're not always listening.

I wasn't alone today. There were many of us praying here in Washington and more at home saying the rosary, praying, you my OLS family, my family who took me to the train at 5:30 and friends who again prayed. Yes, Fr. Mino, we need to pray.

I'm on the way home tired from standing 3 hours and I am praying, sad to witness an arrest of brave faithful people seeking justice for dreamers, committing civil disobedience. I know we will all continue to pray. Thank you my faithful friends.

How will you share Jesus this Lent?

~~~~~

### Putting Faith Formation into Action Week Three of Lent – My Role as Neighbor

In the first two weeks of Lent we encouraged you examine and take action in your role as a member of your family and as a member of the "parish family" here at Our Lady of Sorrows. We hope you have found this a meaningful and engaging part of your Lenten journey and we ask hope and pray that you will continue in those efforts. In this third week of Lent we ask you examine your role as neighbor.

1. Take a walk around your neighborhood and just try to be observant of what you see. Do you know the names of your neighbors? Do you know what is going on in their lives? Consider reaching out to one neighbor and engage in a conversation. The neighbor could be someone of your age or could be someone younger or older. Perhaps there is an individual that spends much of his/her time alone. Ask him or her how they are doing. OR consider taking on one activity that would improve your

neighborhood in some way. (My brother walks for exercise. At the beginning or end of his walk, he travels up and down his block picking up any garbage that he sees. My sister-in-law has just begun volunteering one day a week at the Liberty Science Center) Is there volunteer work that could be done at library, school or other community organization. Members of Our lady of Mercy parish are very concerned about truck traffic in their neighborhood. As a result of their efforts, trucks are banned from certain blocks, and signage has been posted on Route 440 noting these restrictions. Members of the OLS Chapter of Jersey City Together are in the process of selecting one or two neighborhood issues of concern and trying to make a difference. If you have an idea, bring that issue to the attention of leaders of the JC Together OLS chapter, Michelle Bodden, Bill Lillis, Ellen Nash or John Taylor.

2. OLS has played an active role in Jersey City Together. The organization has taken up four issues: education & youth, affordable housing, safety & policing, and the reevaluation of property. OLS has its own JC Together Chapter. Members meet on occasion as a group. Some members have joined an action committee that takes on one of the four issues. If you are a member, perhaps consider joining one of the committees. If you are not a member, consider joining the chapter. If you are not able to join the chapter, make a commitment when JC Together makes a request for people to support an issue (In November over 1,000 people attended a JC event where the mayor

pledged to make affordable housing a priority.

### Parish Activities & Donations Sunday March 11<sup>th</sup> – Dinner for Residents of St. Lucy's Shelter

The "Unofficial Men's Club" will be going to St. Lucy's Shelter after mass on Sunday, March 4<sup>th</sup>. We will be cooking a spaghetti and meatball dinner for the residents of the shelter. If you would like to participate in this activity, see Bill Lillis or send him an email at [wtlillis@verizon.net](mailto:wtlillis@verizon.net). Donations will also be appreciated.

### Tuesday of Holy Week March 27<sup>th</sup> – Prepping the Church for the Triduum

Parishioners will be cleaning the church in preparation for the Triduum Services. Details will be forthcoming.

### Holy Thursday March 29<sup>th</sup> – Lunch for the Residents of St. Lucy's Shelter

Join in with other parishioners to prepare lunches for the residents of the shelter. Details will be forthcoming. Donations will also be appreciated.

### Lenten Donations for Puerto Rico and OLS Food Pantry

Carl Nazzaro distributed cups this past Sunday. Parishioners are asked to make donations to provide relief for those struggling in Puerto Rico and to purchase food for the OLS food pantry.